nerac.com

Presents the

5th Annual Cider Mill 5k & Family Fun Run

Saturday, October 2, 2004

Crandall Park, Tolland, CT

• Free t-shirts to pre-registered runners (before 09/20/04) • Medals for all children participants • Trophies in nine divisions • Cash prizes for 5k •

9:00 a.m. Cider Kids

Short distance races for young children, competing within their age group.

9:45 a.m. Cider Mile Fun Run

Cross-country route geared towards older children and families running together.

10:30 a.m. Cider Mill 5k

CASH PRIZES for the first three male/female finishers. ADDITIONAL CASH PRIZE for setting the overall male or female course record. TROPHIES for top three male/female finishers in nine divisions.
Walkers are welcome in all races.

View the course map, records, photos and directions at www.cidermillroadrace.org

Race Sponsors

APG ADVANCED PERFORMANCE GLASS, INC.

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Dance Express
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Hartford Courant
Mobile on the Run
Papa T's
Stafford Motor Speedway
Stephen D. Williams & Co.

Cider Mill Application

One entry form per runner. Please include non-refundable entry fee with application (checks made payable to TEPTO) and mail to: P.O. Box 334, Tolland, CT 06084 or return to any Tolland School.

Last name _____ First name _____

Address _____

City _____ State _____ Zip _____ Age on race day _____ Male ☐ Female ☐

Phone _____ E-mail _____

Select a Race

	5k	Cider Mile	Fun Run
Before Sept. 20	$15 ☐	$7 ☐	$7 ☐
After Sept. 20	$18 ☐	$10 ☐	$10 ☐

Free t-shirt to pre-registered runners (by 9/20/04)

T-shirt size: ☐ Child Medium ☐ Child Large ☐ Adult Medium ☐ Adult Large ☐ Adult X-Large

Please enter me as a runner in the Cider Mill 5k & Family Fun Run. My entry fee is enclosed. In signing this form, I, for myself, my heirs, executors and administrators, release Tolland Elementary PTO, Tolland Middle School PTO, THS Booster Club, the Town of Tolland, the race directors, volunteers, and all sponsors of this race from all liability in the case of death or injury received as a result of participation in this run. In case of a minor (under 18), this form must be signed by the parent or guardian of entrant.

Signature (if minor, parent or guardian) _____