CIDER MILL 5k & FAMILY FUN RUN

13th Annual

Qualifier for Manchester Road Race!

Saturday, September 29, 2012

Crandall Park, Tolland, CT

- Free short sleeve t-shirts to runners pre-registered by 09/14/12
- Medals for all children participants
- Trophies in nine divisions
- Cash prizes for 5K

9:00 a.m. Cider Kids
Short distance races for young children, competing within their age group.

9:45 a.m. Cider Mile Fun Run
Cross-country route geared towards older children and famillies running together.

10:30 a.m. Cider Mill 5k
CASH PRIZES for the first three male/female finishers. TROPHIES for the top three male/female finishers in nine divisions. **Walkers welcome in all races. Jogging strollers allowed.**

View the course map, records, photos and directions at www.cidermillroadrace.org

The Cider Mill 5K & Family Fun Run is organized by a committee partnered by the Tolland Elemetary PTO, Tolland Middle School PTO, Tolland High School Booster Club, and the Tolland Recreation Department. Proceeds benefit these organizations and their efforts to promote physical fitness within the Tolland Community.

Cider Mill Application

One entry form per runner. Please include non-refundable entry fee with signed application (checks made payable to TEPTO, one check per family please) and mail to: P.O. Box 334, Tolland, CT 06084 or return to any Tolland School

Last name

First name

Address

City

State

Zip

Age on race day

Male

Female

Phone

Free t-shirt to runners pre-registered by 9/14/12
(t-shirt not guaranteed at race day registration)

- Child Medium (Yth 10-12)
- Child Large (Yth 14-16)
- Adult Medium
- Adult Large
- Adult X-Large

Select a Race	5k	Cider Mile	Cider Kids
Before Sept. 14	$18	$8	$8
After Sept. 14	$20	$11	$11

Please enter me as a runner in the Cider Mill 5k & Family Fun Run. My entry fee is enclosed. In signing this form, I, for myself, my heirs, executors and administrators, release Tolland Elementary PTO, Tolland Middle School PTO, THS Booster Club, the Town of Tolland, the race directors, volunteers, and all sponsors of this race from all liability in the case of death or injury received as a result of participation in this run. In case of a minor (under 18), this form must be signed by the parent or guardian of entrant.

Signature Required (Parent or guardian if minor)